

The Lantern

4 September, 2015 Term 3, Issue 4



Dear Members of the Nagle Community,

This Sunday we celebrate Father's Day. As men have become more concerned about balancing work and family, they have recognised the enormous benefits, rewards and satisfaction from being a good parent. They see that the emotional investment they make in their children comes back to them in terms of making them more open and more satisfied as an adult human being. There is much truth in the observation that "A man's garden and his children, both reflect the amount of nurturing done during the growing season". Author unknown. We wish all fathers, grandfathers and those who have a fathering role best wishes.

This week we have elected our Senior SRC members for 2016 and our House Captains and Vice Captains. Both the Year 11 students and teachers voted for the leaders.

SRC 2016 members:

Taylah Bindley, Sarah Cefai, Huntar Hakim, Jessica Graham, Inise Korovou, Olivia Sargent, Angelica Tabone and Marianna Tinkas

Angelica Tabone has been elected Vice Captain for 2016

Olivia Sargent has been elected Captain for 2016.

Our House Captains and Vice Captains are:

Ballygriffin: Captain- Jade Dudgeon Vice Captain- Princess Castillo

Coraki: Captain- Emily Knight Vice Captain- Trudy Abena Agyeiwaa

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Darcy: Captain- Ester Jada Vice Captain- Katherine Tanks

Lismore: Captain- Belinda Elogious Vice Captain- Dayna Cocking

Lucan: Captain- Mollie Baihn Vice Captain- Zoe Victoria

Diary Dates

Year 11 Prelim Exams Sept 3rd – 14th

Year 7
Vaccinations
September 8th

Year 9 Market Day Sept 11th

HSC Exams
October 12th

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We wish the girls every blessing as they take up their leadership positions next term. There is great capacity for strong leadership amongst the whole Year 11 cohort. I thank Ms Kervinen for her leadership of the girls. I thank Year 11 for being courageous, determined Presentation women.

Let us pray:

God, Our Father,

We give you thanks and praise for fathers young and old.

We pray for young fathers, newly embracing their vocation;

May they find courage and perseverance to balance work, family and faith in joy and sacrifice.

We pray for fathers around the world whose children are lost or suffering;

May they know that the God of compassion walks with them in their sorrow.

We pray for men who are not fathers but still mentor and guide us with fatherly love and advice.

We remember fathers, grandfathers, and great grandfathers who are no longer with us but who live forever in our memories.

Amen

God Bless,

Mrs Delma Horan

From the Assistant Principal

Attendance

Thanks to all the parents who are supporting the College to ensure that their daughter attends school every day. Thanks also to the parents who are working with College staff to rectify unsatisfactory attendance. Years of schooling can be lost over ten years of schooling.

Westpoint

Students are not to be in Westpoint after school in school uniform unless in the company of a parent. Students must change out of uniform if they wish to go into Blacktown. These conditions do not apply to seniors on their way to work.

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Diary

Please check your daughter's diary on a regular basis. The girls are expected to write in all set homework. Teachers also use the diary to provide feedback.

Mr Michael Hall

Email: nagle@parra.catholic.edu.au

From the REC



About 3 years ago I started investigating the possibility of Nagle girls being involved in an immersion experience. My own daughters had been on trips to Cambodia where they had worked in orphanages teaching; well really playing, with little children who either had no family or whose families couldn't afford to keep them. My daughters were also involved in building a dwelling in a community which is now a home for an extended family of about 20 people.

I saw great changes in both my girls, they

grew up, became more independent and had very different reactions to their experiences. Both my girls came back with a greater awareness of the world, its joys and its problems. They were more aware of the injustices in the world, yet how some can be very happy with very little and this realisation helped them to see and appreciate how fortunate they really are. I was very keen to ensure that our Nagle girls would have a similar opportunity.

So why Kununurra? There is a verse in the bible which says; "how can you say to **your** neighbour, 'Let me take the **speck** out of **your eye**,' while the log is **in your** own **eye**?"

This verse always said to me that we need to try and work on issues close to our homes before we go looking to fix the world and we need to do this out of love for our neighbour. This is why, in consultation with the College Leadership Team our first Nagle immersion experience is in our own country.

At the end of this term the young women will be representing Nagle College, as they travel to Kununurra in Western Australia. They have had 3 preparation nights, they have raised money for their travel, and in 18 days they will fly to Darwin and then to Kununurra where they will work in St Joseph's Catholic Primary school teaching and playing with the children and be working with the older indigenous community in the afternoons.

This is the work of Presentation People and of people of the Eucharist and we wish them well on their journey. Today at our assembly Mrs Horan presented the girls with their travel shirts, and our school community blessed them for their travels.

The students travelling are Tamara Bremner, Huntar Hakim, Amy Hay, Angelica Tabone and Katherine Tanks they will travel with Miss Simpson and Miss Gaudry.

Please keep them in your thoughts and prayers as they go.

May the road rise up to meet you.

May the wind be always at your back.

May the sun shine warm upon your face;
the rains fall soft upon your fields
and until we meet again,

may God hold you in the palm of His hand.

SRE Badging and Certificates

The following Year 10 students have taken on the challenge to be Special Religion Teachers at Shelley Public school. This means they have had 2 training days, they have planned lessons, they teach for 30 minutes, they work with the people of the parish who help them to teach their classes, but most of all they are in the privileged position of spreading the best news of all to young people in our community and that news is that we are loved by God no matter what!

Today our Year 10 group for 2015-2016 were presented with their badges and certificates. The girls in the SRE program are:

Chloe Smith, Gabrielle Knight, Patricia Macabulos, Felicity Rodericks, Nikita Rockey, Jaida Gigante, Grace Toenroe and Jenelle Lim.

We congratulate them and wish them well.

Our Pope Frances has announced a World Day of Prayer for the Care of Creation. The prayer day will be celebrated annually on Sept 1, in line with the Orthodox Church's day for the protection of the environment, the pope said in the newly released letter.

Today we prayed together for the environment:

A PRAYER FOR OUR EARTH

All-powerful God, you are present in the whole universe and in the smallest of your creatures. You embrace with your tenderness all that exists. Pour out upon us the power of your love, that we may protect life and beauty. Fill us with peace that we may live as brothers and sisters, harming no one.

O God of the poor, help us to rescue the abandoned and forgotten of this earth, so precious in your eyes. Bring healing to our lives, that we may protect the world and not prey on it, that we may sow beauty, not pollution and destruction.

Touch the hearts of those who look only for gain at the expense of the poor and the earth. Teach us to discover the worth of each thing, to be filled with awe and contemplation, to recognize that we are profoundly united with every creature as we journey towards your infinite light.

We thank you for being with us each day.

Encourage us, we pray, in our struggle for justice, love and peace.

Amen.

Mrs Ellen Lonergan

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From the Leader of Teaching and Learning

Top 10 Tips for Overcoming Procrastination

Procrastination is the act of putting off a task which you know you have to do, even though you know that putting it off will probably be worse for you in the long run. For example, when you procrastinate about starting an assignment it doesn't make the assignment go away, or the deadline change, it just gives you less time to get the work done. To manage this, try the following:

1. Become aware of the excuses you use

Make a mental note when you procrastinate. What excuses do you give yourself? Too tired? Too difficult? Too boring? Being aware is the first step in changing your behaviour. Keep yourself honest by asking questions like "Is this the best use of my time at the moment?" and "Am I doing this as a way of avoiding what I really should be doing?".

2. Reduce or eliminate distractions

Creating a clear, uncluttered work environment which is free from distractions will help you avoid procrastinating. Turn off your social media or WiFi, turn off your music or TV and close the door. It's easy to get distracted and lose focus on what you are trying to do, or to procrastinate by surfing websites that are barely related to the topic you are meant to be researching.

3. Make a prioritised list

Before you start work, take a few minutes to work out what your priorities for the session are, based on your deadlines. Take into account all the time you have available and make a prioritised list. Work on the most important thing first.

4. Break down projects into chunks

If you have a big task that you have to do, or something that you really don't want to start, think about how it can be broken up into smaller parts. A big assignment might need a plan, the purchase of resources, a trip to the library, Internet based research, and then several days to write and edit each section. If you focus on doing just one of these tasks, it's easier to commence.

5. Just start

Stop focusing on getting it done perfectly, or even well, just make a start, even if it's just for a few minutes. Starting the task makes you realise it's not as daunting as you originally thought and allows you to make a small amount of progress which encourages you to keep going. Sometimes, once you get started, you can even do more than you originally thought you could or would.

6. Reward yourself

Set yourself a small goal related to the task and then reward yourself appropriately when you complete it. For example, write an outline for your essay and then have afternoon tea. You will be more motivated to complete the task to get the reward. For extreme procrastinators, it might be necessary to get someone else to check you've done the work and to give you the reward.

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Email: nagle@parra.catholic.edu.au

7. "Twofer Concept"

When you are working on a difficult or boring task, break it up by having a more interesting or easy task that you work on in the same study block. You get two lots of homework done, but when you are losing focus on the difficult one you can switch to the easier one for a bit of a break.

8. Create routines

Establishing a routine can help you avoid procrastination as you get into the rhythm of working for a set time each day at a set time of the day. Making this routine known to your family and friends also helps keep you accountable and stops them interrupting you during your work time.

9. Find a study buddy

Perhaps starting that difficult work will be easier if you have someone with whom you can work. This could be a school friend or a sibling. You could share resources and help each other to get started with similar work.

10. Schedule in breaks

Breaks give you time to think and process the information that you have been working on and also give you an opportunity to do the things you really enjoy. Plan them as much as you plan your work.

You can learn more about how to optimise your performance as a student in the *Overcoming Procrastination* unit at www.studyskillshandbook.com.au by logging in with these details:

Username: fornaglecollegeonly

Password: 54 results

Ms Dympna Reavey

Australian Mathematics Challenge for Young Australians

Early in Term 2 thirteen students participated in the 2015 Australian Mathematics Challenge for Young Australians. The students had three weeks to solve six complex problems that required their use of mathematical knowledge, deeper thinking and some trial and error to not only solve problems but also provide logical reasoning in their solutions. All participants were able to successfully solve some problems. We wish to acknowledge the efforts of all participants. Students were presented with certificates at the College Assembly this week.

The following students received a Participation Certificate:

Year 7: Marvel Gebraeel, Angeline Moncado, Nhi Tong

Year 8: Kiran Mann, Patrice Pascual

Year 10: Shannara Berriman, Neya Girithar, Thien-Ly Nguyen

This year we wish to congratulate Annabel Darmali and Carmen Mifsud from Year 8 who have received a Credit Award. Aswithaa Visakeswaran, Cheryl Kumar and Derica Elogious from Year 9 who were awarded a Certificate of Distinction.

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Mrs Kath Serbin

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Leader of Student Well-Being

It is that time of year again. Exams are on the horizon for many, stress levels are rising and many parents are looking for ways to help their teens make healthy choices. When it comes to food, teens can react to the stress and pressure of exam season in very different ways. Some may find that the stress and sense of urgency to get studying will reduce their appetite. Some get stuck into studying and even forget to eat. Others may turn to food to deal with the stress or may eat as a way of procrastinating, dealing with boredom, rewarding themselves, for distraction or other reasons.

Here are four things that parents can do to promote healthy eating and a healthy approach to food at this time.

1. Act now to get on the same page as your teen

It's always harder to have a productive conversation about food in a stressful moment. Well-intentioned comments and suggestions can make teens feel nit-picked or nagged, especially when they are already stressed. So, it's great if you can make a time to talk with your teen in advance about what they would find helpful from you regarding food during exams. This could be a good opportunity to talk about making health food choices, like having breakfast even if they don't really feel like it.

2. Make healthy eating easy

When teens are mid exams, many will want quick and easy, but also appealing meals and snacks so they can eat and get back to work. Having convenient foods on hand will make it easy for your teen to grab a health snack.

3. Choose quality, low glycaemic index (GI) foods

Our brains run on glucose, so we need carbohydrate to optimise concentration and focus. Lollies and chocolates, chips and other heavily processed snacks might give a short energy boost, but are likely to be followed by a slump. To avoid swings of energy and fatigue, our teens need quality, minimally processed and nourishing carbohydrate foods. Wholegrain breads and pasta, milk and yoghurt, legumes, corn, sweet potato and most whole fruits are good choices.

4. Encourage breakfast

Trying to study or sit an exam on an empty stomach is likely to leave your teen unable to concentrate, distracted and less able to perform to the best of their ability. However, for many teens, nerves about exams can put them off their usual breakfast. A smoothie with berries, yoghurt and milk can be a good option for those who don't feel up to solid food.

Mrs Diane Shean

Email: nagle@parra.catholic.edu.au

NAGLE COLLEGE 50TH ANNIVERSARY CELEBRATIONS

Nagle College Anniversary celebrations

Saturday, November 21: There will be a three course dinner, with drinks and entertainment at the Novotel Sydney Norwest, Baulkham Hills, from 6pm to 11pm. The cost is \$115.00 per person. (*Novotel accommodation is available, if required at a discounted rate of \$155.00 per room. Reservations to be made with Novotel Sydney Norwest direct, tel: 9634 9634, mention "Nagle College".)*

Sunday, November 22: There will be an open day at Nagle College, commencing with brunch at 11am, memorabilia displays and concluding with a celebration Mass at 2pm.

Bookings for these two events can be made through www.trybooking.com (Select 'Buy Tickets', enter 'Nagle' in the search box, click on the link for the event you want to book and then follow the online prompts.)

For enquiries please contact Mary Fairhurst on 88874501 or email nagleevents@parra.catholic.edu.au or check our website for updates of the up and coming

events. www.nagleblacktown.catholic.edu.au,

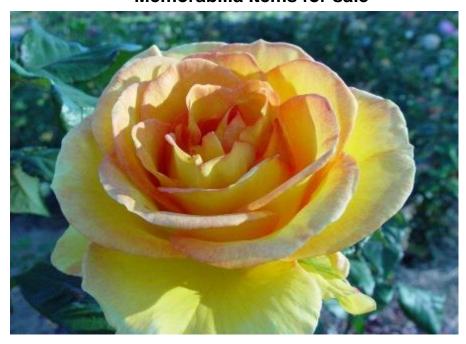
Nagle College Facebook and Instagram.





Namo:

50TH ANNIVERSARY Memorabilia Items for sale



Swane's Nursery have been commissioned to develop a rose in the name of Nano Nagle. If you would like to order this rose in commemoration of Nagle College's 50th Anniversary, please complete the order form.

vallic	I C 1			
Email address				
Item	Quantity	Item Cost	Total Cost	
eg: Nano Nagle Rose		\$30.00		
eg: Commemorative Keyring		\$5.00		
eg: A Commemorative History 1965-2015 (Stories and Photo Book celebrating past 50 years)		\$25.00		
Payment can be made by cash, cheque or credit can 2 9831 1936, emailing nagleevents@parra.catholiologies	<u>c.edu.au</u> or		,	
Card Holders Name:	Amount:			
Card Number:	Exp date:/			
(Mastercard/Visa card is	only accep	ted)		

Please place order by 9th October, 2015

We are hoping these items will be available for pickup from the school prior to the event.

NAGLE COLLEGE 50TH ANNIVERSARY CELEBRATIONS



We would like to thank these sponsors who have made a kind donation towards our 50th Anniversary celebrations







If you have a business and would like to make a donation towards our 50th Anniversary celebrations please do not hesitate to contact Rosalie Merchant or Kylie Da Silva on 88874501 or email nagleevents@parra.catholic.edu.au



Blacktown The Good Guys Shop 17, Homebase Shopping Centre 19 Stoddart Road Prospect, NSW 2148 Phone:02 9849 3000 prospect@thegoodguys.com.au

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BOOT CAMP



Over the course of Term 3, Miss Attwood and myself have been running boot camps for students in Years 7-12. Boot camp is a fantastic way for students to build their physical fitness, improve their co-ordination and boost their confidence and self-esteem. Students also have the opportunity to meet other students and bond with girls from other grades. The girls have a great time, push themselves and learn new skills. We encourage students to come and have a go – they work at their own pace and we provide different levels of exercises to cater for different abilities. We normally have 20+ girls attend each session, and each student has improved in fitness over the term. Those that come to the morning session have commented that they feel great throughout the day, more so than when they don't exercise in the morning.

Sessions run on Wednesday mornings from 7.30 – 8.15am and Thursday afternoons from 3.15 – 4pm. The sessions involve cardio and body weight exercises that students can also perform at home. Permission notes can be found in the office and students can bring their permission note with them to their first session. They do not have to attend every week; they can come and go as they please! We hope to see more students over the rest of the year!

Miss Bonaventura





Hockey Gala Day

The CGSSSA Hockey Gala was held on the 28th of August. This was Nagle's first entry into a competition that includes schools such as Loreto, Monte Sant Angelo and OLMC. We played four games; we lost three and won one. Even though we didn't win the first two games we were lucky enough to win the third 1-0 and that put us through to the semi-finals. Unfortunately we lost in the semis, but overall it was a great day and a new experience for most of us who had never played hockey before. On behalf of the whole hockey team I would like to thank Mr. Keith for taking the time to train our team over a period of three weeks, for being an amazing coach, for teaching me his ways as a goal keeper, for being there and supporting us the whole way and finally for buying us pizza! We couldn't have done it without him.

Reyzhel Gregorio, Year 9

Team photo at the end of the day





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The scoreboard with winning score — Nagle 1-0 winners over Monte Sant Angelo.

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What's Happening in Year 7?!

Sports Update

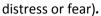
This term for Sports, Year 7 have been playing AFL. The girls have been coached by 6 professional AFL coaches who have worked on developing skills and techniques in the game of AFL. The girls have thoroughly enjoyed the sessions and have participated enthusiastically every week.



Pastoral Care: Y7 Anti-Bullying Incursion

On the 21st August, Year 7 combined with Year 8 for a full day incursion that was held in the Presentation Hall. The anti-bullying program used film narrative, students' own stories, current research and interviews with stars and filmmakers to raise issues surrounding bullying and promote self-awareness, self-worth and action. The aim of the day was to challenge students to consider the masks they wear, the choices they make and the impact of their actions on themselves, their peers and the world around them.

The day was heavily focused on the 'Roles We Chose to Play' and encouraged girls to consider being an *ally* (someone who stands up for the target/victim of bullying) instead of a being a *bystander* (someone who just watches/observes/knows of a bullying situation and allows the bullying to happen by simply saying nothing). The girls were also encouraged to be a *hero* (someone who stands up for themselves and others) instead of a being a *bully* (someone who repeatedly targets another individual/group verbally, physically, socially or psychologically with the intention to cause harm,









The most poignant part of the day was during the session held after recess, where students from across both Year groups bravely shared their own personal experience of bullying with each other. The stories shared taught students that the pain of a bullying experience is carried with students for a very long time; and resulted in a huge outpouring of empathy among the year group as a whole. Students listened attentively and learnt that by being empathetic towards each other, we can avoid bullying in the first place.

Year 7 Co-ordinator

From the 7th of September (Week 9, Term 3), I will be away on Maternity Leave. Mrs Bianca Vieiro will be the Y7 Co-ordinator from Week 9 onwards and can be contacted on byjeiro@parra.catholic.edu.au

Please contact your daughter's homeroom teacher in the first instance, if you have any concerns or issues you would like to raise.

Juvy Reczek Year 7 Co-ordinator

Year 9 News

On the 20th of August, Year 9 woke up to an early start and got ready to depart for an exciting journey to The Great Aussie Bush Camp in Kincumber.

The two day and one night camp began with an hour and a half drive to the site. When we arrived, we sat around a campfire spot and were introduced to the friendly and entertaining camp guides, the camp site and the accommodation. When we were finally



settled in, we all arranged ourselves into our activity groups and started on our first activity.

There were a range of exciting, thrilling and challenging activities, including Lost Island/Survivor (mud challenge), Giant Swing, Archery, High Ropes and The Power Fan. Some of these activities challenged even the bravest of students and involved the girls stepping out of their comfort zones, which left the girls feeling strong, determined and with a proud smile on their face after conquering their fear. We also enjoyed night entertainment with a campfire, a movie, a fire spinning performance from a camp leader and a fun night activity called Commando (students versus teachers!).

Thankfully the weather was lovely and allowed us to have a great experience at the camp. The camp not only provided a great opportunity for the students to explore leadership and develop practical skills, but also helped the girls face their fears and become stronger as a year group. The students were all very enthusiastic, respectful and supportive, engaged and showed a positive attitude towards their teachers, peers and camp leaders.

On behalf of all of the students, I would like to thank the staff who were involved and attended the camp as their efforts didn't go unnoticed. Their enthusiasm and encouragement contributed to the overall fun and memorable experience!

Marina Santanelli





YEAR 9 CAMP















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Year 10 Update

On Monday the 31st of August Year 10 met for our fortnightly Year Meeting. During this meeting, Year 10 where addressed by Mrs Diane Shean our Leader of Student Wellbeing. Mrs Shean spoke to the girls about the importance of remaining safe online and ensuring they are responsible digital citizens. Part of this means that at all times the girls are acting in accordance with the law. This was important information for any of us who engage in online media and maintain an online profile. I would invite you to have a conversation with your daughter about how she is managing her online profile and ensuring that at all times she is safe and acting in accordance with the law.

I would like to remind you that Year 10 have been invited to wear the Senior Uniform in Term 4 of this year. I would encourage all the girls to take up this invitation. It would be great to see all of Year 10 dressed as seniors when we return after the holidays. To help support you in this transition the College uniform shop will be open at additional times, they are:

Tuesday, 8th of September - Lunch, 3.00-5.00pm Wednesday of 9th September 8am -9.30am, Recess Tuesday of 15th September - Lunch, 3.00-5.00pm Wednesday of 16th September 8am -9.30am, Recess

Thursday of 1st October (school holidays) 9.00am – 3.00pm

Cost:

Senior Shirt - \$45.00

Tie: \$20.00

Cardigan: \$85.00 (optional) Jumper: \$80.00 (optional)

As always if you have any questions please do not hesitate to contact your daughter's homeroom teacher or myself.

Kind regards

Mr Andrew Wilson

Year 10 Co-ordinator

Message from the Business Manager

School Fees

School Fees are now overdue. If you are experiencing difficulty please contact

Mary Fairhurst on 88874501, who can assist you in bringing your account up to date.

Thank you to all our families who have finalised their school fees for Year 2015.

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Email: nagle@parra.catholic.edu.au

From the Year 11 Co-ordinator

The Preliminary Examinations have started smoothly. Here are some top tips for taking exams from the people at Learning Fundamentals that may be of benefit to your daughter:

- 1. Get a good night sleep.
- 2. Exercise for at least 30 minutes a day, every day.
- 3. Drink plenty of water.
- 4. Remember, your teachers want you to do well!
- 5. Focus on what you do know rather than what you don't know.
- 6. Eat a low GI, nutritious breakfast.
- 7. Avoid drinking caffeine (e.g. energy drinks, coke and coffee).
- 8. Go straight home after the exam.
- 9. Take a few deep breaths when you get stuck.

For your information, please find a copy of the Examination Timetable.

Thank you for supporting your daughter during this examination period.

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Kind regards,

Melissa Kervinen

Email: nagle@parra.catholic.edu.au Ph: 8887-4501

On the Farm

August has been a very busy month for the farm. The Show team and the Rural Olympics team have been very busy making the display and practising with their animals. The girls have been spending every lunch up at the farm preparing for the Penrith Show and were all nervous yet excited for the show. The Penrith show is the biggest and best show the farm attends; the girls always have fun and learn more about animals and plants every year! The Penrith show has lots of things to offer to the students such as a Sheep handling workshop and a Chicken judging workshop.

Some photos of the girls preparing for the event:













After the Show



18 schools competed

The girls were very happy with the results; a fourth place for the display, our best yet and a bronze in the rural Olympics. A great result well done to all involved, we couldn't have done it without the support from family and ex-students, thank you all so much.

Below are some photos of the show:

Fourth place for our display



Rural Olympics







Bronze Medalists



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New lambs

The lambs Nala, Spirit, Hugo, Stiles, Cora, Jasper and Zoella are all getting big and fat. Hugo being the oldest is also the biggest, He is learning to be independent at a young age and is starting to stray from his mum Dora a bit. Nala and Spirit are the youngest lambs and are quite small; but they are the cutest girl lambs we have! Jasper and Zoella are inseparable and have a very strong bond. They always prance around like a prince and princess as their mother Phoenix is the flock leader and they think this makes them special. Stiles and Cora are definitely our friendliest lambs due to being Year 10's favourites. The girls and Mr Koller were lucky enough to witness Phoenix give birth to her second baby (Zoella), this was an amazing experience and was truly beautiful seeing both the babies

take their first steps.













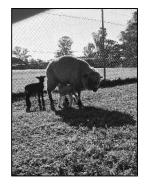














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PDSSSC OZTAG GALA DAY



On Monday the 31st of August, we had the pleasure of taking three teams to the PDSSSC Oztag Gala Day at the Kingsway Playing Fields in St Mary's. Such gala days are always extremely competitive with many school teams made up of students that have been playing Oztag at a high level for many years.

Our Junior team had a mix of students who play Oztag and students who have never played Oztag before. They drew their first game and once they had warmed up, they went on to win their next two games. The girls lost their last game to a very strong Caroline Chisholm team so did not progress to the finals.



Our Intermediate team also contained girls that had never played Oztag before. They were up against very strong teams in their pool and did very well against them! The comparison between the girls' first game to their last saw dramatic differences. They improved each game and worked well together as a team.

Our Senior team only played three games on the day of which they won two. The team was full of Year 12 students and as it was their last gala day for the College they made sure they had an enjoyable time. The girls played extremely well and should be proud of their efforts.



Gala days can bring out a very competitive nature in people and once again, our girls proved how respectful they are. If they were on the receiving end of a poor refereeing decision, or an unsportsmanlike comment from an opposing team, they always held their head high and played in a respectful and fair way. We were enormously proud of the girls' behaviour at the gala day and they should all be proud of their behaviour as well. It was a pleasure to coach the three teams.

Miss Bonaventura and Miss Simpson

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Blacktown The Good Guys Shop 17, Homebase Shopping Centre 19 Stoddart Road Prospect, NSW 2148 Phone:02 9849 3000 prospect@thegoodguys.com.au

Bishops Office

Blessing of St John Paul II statue at St Patrick's Cathedral: 5 September

A series of statues for St Patrick's Cathedral Precinct was commissioned to celebrate the life of St John Paul II and provide a joyful place of pilgrimage for young people. Everyone is invited to gather in the Cathedral forecourt at 12.30pm. Archbishop Anthony Fisher OP will bless the statues at 1pm and this will be followed by an address to young people and afternoon tea.

Missionaries of God's Love Sisters Consecrated Life Weekend: 11-13 September

Young women: are you open to whatever the Lord is calling you to do with your life? The Missionaries of God's Love Sisters invite you to their Consecrated Life weekend in the Sydney House. Hear what sisters do, day-to-day, how they discerned their vocations, and what consecrated life is all about. Pray, eat and chat with the MGL Sisters and spend time yourself listening to God's amazing plan for you. Contact Sr Rosie for more details: rdrum@parra.catholic.org.au

29th Annual Parramatta Diocesan Golf Day: 21 September

Ambrose Competition for Clergy, CEO Staff, School Staff and Parents & Friends. Cost \$60 per head (includes GST) if prepaid by 16 September. Includes buffet, soft drinks, green fees, trophies, mystery prizes: Richmond Golf Club – tee off 8.30am sharp! 'Shot Gun Start' (be there by 7.30am). Limited to 30 teams – book early to avoid disappointment. Contact: Ian Jordan 0408 219 942, ijordan@parra.catholic.edu.au

Vocation Discernment Afternoon: 27 September

All young men who feel God might be calling them to the priesthood are invited to the Catholic Diocese of Parramatta's Vocation Discernment Afternoon. Starts at 2pm and concludes with a shared meal at 6pm. Holy Spirit Seminary is at 31-33 Allen St, Harris Park. To find out more about priesthood in the Diocese of Parramatta contact the Director of Priestly Vocations, Fr Warren Edwards, tel 0409 172 700 or send an email to: vocations@parra.catholic.org.au

Email: nagle@parra.catholic.edu.au

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		YEAR 11 EXA	MINATION TIME	TABLE	
Week 8	MONDAY 31.8.15	TUESDAY 1.9.15	WEDNESDAY 2.9.15	THURSDAY 3.9.15	FRIDAY 4.9.15
Morning Session	WONDAY SAULES	1013011 11313	WESKESSA EISTS	SO – Rooms 11 & 12 (41) 8:55 – 11:00am (2 hours)	CH - HALL (12) IPT - HALL (8) 8:55 - 11:00am (2 hours) DT - HALL (10) VBS - HALL (21) 8:55 - 10:30am (1½ hours) MU1 - Room 17 (7) - aural exam
Afternoon Session Week 9	MONDAY 7.9.15	TUESDAY 8.9.15	WEDNESDAY 9.9.15	MAX1 – Room 12 (4) ENX1 – Room 12 (3) 12:55 – 3:00pm (2 hours) THURSDAY 10:9.15	8:55 - 10:00am (1 hour) FRIDAY 11.9.15
Morning Session	ENA – HALL (52) ENS – HALL (66) 8:55 – 11:40am (2 hours 40 mins)	CFS – HALL (79) 8:55 – 11:00am (2 hours)	EC – HALL (10) VHOS – HALL (13) 8:55 – 11:00am (2 hours) DA – HALL (2) TD – HALL (10) 8:55 – 10:30am (1½ hours) WS – HALL (7) 8:55 – 10:00am (1 hour)	EEC - HALL (14) 8:55 - 10:00am (1 hour) PDHPE - HALL (25) 8:55 - 11:00am (2 hours)	SOR1 – HALL (74) 8:55 – 10:30am (1½ hours) SOR2 – HALL (16) 8:55 – 11:00am (2 hours) RCS – Room 41/42 (18) - presentations 8:55 – 12:00pm (3 hours)
Afternoon Session	BI – HALL (32) 12:25 – 2:30pm (2 hours)	LS - HALL (49) 12:25 - 2:30pm (2 hours)	MH – HALL (41) 12:25 – 2:30pm (2 hours)	MAG – HALL (80) 12:25 – 2:30pm (2 hours) MA – HALL (20) 12:25 – 3:30pm (3 hours)	BS - HALL (44) 12:25 - 2:30pm (2 hours)

Week 10	MONDAY 14.9.2015		
Morning	FT – HALL (14)		
Session	PH - HALL (8)		
	8:55 - 11:00am		
	(2 hours)		
	VA – HALL (15)		
	8:55 - 10:30am		
	(1½ hours)		
Afternoon	MU1 – Room 17 (7) –		
Session	performance exam		
	1:30 - 3:00pm		
	(1½ hours)		

^{*}Please note that all Special Provision exams will be held in Rooms 11 - 13

