



# *The Lantern*

18 September, 2014  
Term 3, Issue 4



Over the past week we have farewelled our Year 12 students and we have seen many rituals, gatherings and acknowledgements of school days coming to a close. Both students and staff have enjoyed this important time. We are all deeply grateful that we have been able to do so in a relaxed and respectful way.

On Monday Year 12 attended a Formation Day. On Tuesday morning we held a farewell breakfast. Wednesday began with a whole school assembly where the traditional lockout occurred, signifying that a new beginning was awaiting the girls. On Wednesday evening, we celebrated Mass and made our presentations to the graduating class. Our Year 12 students were beautifully presented and dignified in their embrace of the occasion. The speech from our School Captain, Nikita Vannessa Hamer, was heart-felt and engaging.

I would like to thank Father Peter Confeggi for the pastoral care of our Year 12 students over the years. My thanks go to the parents and caregivers for their support. I know that we have some families for whom this is their final year of connection to our school. Thank you for trusting us with the education of your daughters. I also thank all the staff who have led our Year 12 students to knowledge and understanding: their teachers in primary school as well as the teachers in high school. There is so much focus on the final years of schooling that we often neglect to acknowledge the work of teachers in the formative years. I am sure that Year 12 would join me in thanking the administrative and support staff who have been there for them; when they are ill, the first aid and care they receive, when they have lost a timetable, the staff member who prints a new one. It really is a team effort. Year 12 has been well cared for with Ms Christine Smith as the Year Co-ordinator and the homeroom team. Year 12, 2014 hold a special place in our school community: they have been a cohesive year with a great sense of fun. They have shown commitment to their studies. They have been generous in their service to those who need support. It was gratifying to see how many of them have been involved with St Vincent de Paul, Project Compassion, Caritas, YCS and Duke of

## *Diary Dates*

**September 19**

*Last day of Term 3*

*Staff Development Day*

**October 7**

*First day of Term 4*

**October 7 – 10**

*Year 10 Exams*

**Oct 13 – Nov 5**

*HSC Exams*

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Edinburgh. We will miss them but know that they are now moving into the next stages of their lives. And as they do so, we send them our blessings.

### **A Prayer for Year 12**

God our Father, we give you thanks for bringing our Year 12 girls to this special moment in their lives.

We ask you to accompany them as they face new adventures and challenges.

May the paths they take always lead to you,

and to the eternal joy that is their inheritance through Baptism.

We make this prayer to you in the name of Jesus your Son.

Amen

### **Bishop of Parramatta Student Excellence Award**

On Thursday 11<sup>th</sup> September, Edinelle Rabi (Year 12) was awarded the Bishop of Parramatta Student Excellence Award, 2014. Denielle Plara of Year 11 read her citation. It said:

*Edinelle is a stellar young woman who has made a significant contribution to our school community as Liturgy Leader and over her years at Nagle College. Edinelle lives her faith through her witness to the Gospels; she leads by example in prayer and in good works. Edinelle is an active member in her parish, working to make a difference for the youth of Blacktown. She is a group leader of the school's YCS group and attended the State- wide camp. Edinelle represented the College at the Palm Sunday Walk this year. She has given great focus to her studies, ensuring that she is performing in the top ten of all her HSC courses. Edinelle is a person of faith, an outstanding student and a strong leader.*

Edinelle was joined by her very proud family. She is a truly worthy recipient of this prestigious award. Mr Hall and Ms Lonergan joined me at the ceremony. This was a great moment for Edinelle, her family and the Nagle community.

### **Year 12 Leaders, 2015**

We have recently held elections for our school leaders for 2015. Our new school leaders are:



**Denielle Plara**  
**School Captain**



**Talifaia Oloapu**  
**Vice Captain**



**Rebecca Stone**



**Lauren Alam**



**Louise Nurthen**



**Kristina Kresic**

**Student Representative Council Members**

I know that you join me in congratulating these young women on their selection.

God Bless, Mrs Delma Horan

## **Graduating Class of 2014**

### **Award recipients**

#### ***1<sup>st</sup> in Subject***

<b>First Name</b>	<b>Surname</b>	<b>Subject Name</b>
Zoe	APAP	Dance
Alyson	ARMITAGE	Community and Family Studies
Alyson	ARMITAGE	Food Technology
Alyson	ARMITAGE	Studies of Religion 1
Claire	BOHLEN	General Mathematics 1
Caitlin	BREMNER	Food Technology
Ellen	CALLAGHAN	Exploring Early Childhood
Carmila	CHAND	Ancient History
Carmila	CHAND	History Extension
Jennifer	CHEONG	Music
Dalbir	DHANO	Geography
Dalbir	DHANO	History Extension
Dalbir	DHANO	Modern History
Janeen	FERRER	English Standard
Janeen	FERRER	General Mathematics 2
Marina	GEBRAEEL	Biology
Marina	GEBRAEEL	Chemistry
Marina	GEBRAEEL	Mathematics
Marina	GEBRAEEL	Mathematics Extension 1
Marina	GEBRAEEL	Physics
Bronte	GROENEVELD	Design and Technology
Vannessa	HAMER	Textiles and Design
Kolomaile	MAFI	Work Studies
Natalie	MANSWETO	Business Studies
Mary Mounisha	MONDEDDU	Legal Studies
Mary Mounisha	MONDEDDU	Mathematics Extension 2
Mary Mounisha	MONDEDDU	Studies of Religion 2
Jackie	ORBON	Information and Processes Technology
Edinelle	RABI	Personal Development, Health and Physical Education
Harnoor	ROOMI	Economics
Emily	SCARCELLA	Society and Culture
Mandy	SUGAR	Visual Arts
Veronica	TACURI	Religion Catholic Studies
Gabrielle	TANKS	English Standard
D'arcy	WARD	English Advanced
D'arcy	WARD	English Extension 1
D'arcy	WARD	English Extension 2

### Special Awards - Year 12 2014

AWARD	RECEPIENT
College Leadership Award	MANDY SUGAR
Nano Nagle Award	EDINELLE RABI
Caltex All-Rounder Award	ALYSON ARMITAGE
Blacktown Police Local Area Commander's Award	MARY MOUNISHA MONDEDDU
Reuben F Scarf award	CAITLIN BREMNER
Nagle Ex-Students' Association Award	STEPHANIE ENDYCOTT
Year 12 Sportswoman	ANNABELLE REGAN
Diaz and Associates Legal Studies Award	MOUNISHA MONDEDDU
Dr Joice Imlay Science Award	MARINA GEBRAEEL
Adelina Young Business Services Award	GEORGIA LEE
Community Service Award (Michelle Rowland)	DALE RITUMALTA
Year Co-ordinator's Award	GABRIELLE TANKS
ADF Long Tan Leadership and Teamwork Award	ZOE APAP
College DUX	MARY MOUNISHA MONDEDDU

### OVERALL ACADEMIC EXCELLENCE

Alyson ARMITAGE	Mounisha MONDEDDU
Elizabeth BORZSONYI	Edinelle RABI
Alana CADORIN	Harnoor ROOMI
Carmila CHAND	Emily SCARCELLA
Dalbir DHANOA	Natalie SMITH
Marina GEBRAEEL	Mandy SUGAR
D'ARCY WARD	

## **From the Assistant Principal**

### **Mobile Phones**

Nagle College has very clear expectations concerning mobile phones. Girls are not permitted to use their mobile phones whilst at school unless authorised by a teacher as part of their learning. The girls must keep their mobile phones either in their locker, bag or pocket. It is not to be on their desk or in their hand during a lesson.

If your daughter gets her phone out, and after being instructed to put it away, continues to use it then a Friday detention will be given. Your full support is expected on this issue. The girls need to be engaged in their learning not looking at or using their phones.

Many girls come to school tired because they keep their phones by their bed at night and are continually receiving and responding to messages. Their sleep is interrupted and as a result they come to school tired and unable to fully engage in their lessons.

Some parents have the rule that mobiles are turned off at a certain time in the evening, say 9.00pm, and left in their parents' room until the morning. This allows their children to have uninterrupted sleep which is so vital for adolescents.

The other aspect of mobile phone use is being cyberbullied.

It is understandable that parents want their children to have access to a mobile phone as a safety measure in case something happens on the way to school in the morning or from school in the afternoon. The College's expectations are about the use of the mobile phone during school hours.

Below is some more information from the Australian Mobile Telecommunications Association (AMTA).

Please contact the College if you wish to discuss or have more information about the issues raised in this article and / or the information from AMTA.

### **Mobiles and Bullying - more advice for parents**

Mobiles and tablets are defining how young people communicate, the social networks they interact with, how they access information and learn at school, as mobile technology becomes part of the curriculum. These devices help parents stay in touch with their children and assist families to balance their busy lives.

Like all technology, mobile telecommunications can be misused. While the positive aspects of mobile phones far outweigh any negatives, parents in assisting their children to be smart, safe and responsible users of mobile technology.

Although there can be a "digital divide" between parents and their children, it is important for parents to realise that the normal rules of parenting still apply.

### What is cyberbullying?

Studies find that 10-15% of Australian children have been cyberbullied through mobile phones, social networking sites and instant online messaging. Bullying, unfortunately, has been with us a long time. What makes cyberbullying different is that the speed and the 24/7 digital world means children can be bullied anywhere at any time.

Cyberbullies misuse and abuse mobile phones to intimidate, harass, humiliate and frighten victims. Cyberbullying can take a number of forms:

- Flaming – a disagreement between two people spreads flame-like to other people.
- Harassment – sending hurtful text messages, emails, MMS or posting hurtful messages or embarrassing photos on social networking sites to torment, humiliate or intimidate.
- Denigration – putting someone down to make others think less of them.
- Impersonation – pretending to be another person online and tricking people to tell you things that they otherwise would not if they knew your true identity, or behaving unacceptably so the person you're impersonating gets the blame.
- Outing and trickery – tricking people to believe that you are someone else.
- Exclusion – not allowing someone to participate in an online group.
- Cyber-stalking – tracking someone through cyberspace to different sites and posting where they post.

These activities can leave young people experiencing:

- Mood changes such as: Anger, embarrassment and fear
- Reluctance to go to school
- Poor performance at school
- Loss of confidence and self-esteem; avoiding socialising with friends
- Revenge cyberbullying
- In extreme circumstances it can lead to self-harm or attempted suicide

### How you can help?

#### Be proactive:

There may be a technology gap between what your child knows about mobiles and how much you know. However, remember you don't have to be a tech expert to help your child remain safe from cyberbullying.

You can offer life skills, maturity and experience to your child when they need help. Right and wrong are the same in the online world as in the real world and it takes a combination of social and technical skills to tackle cyberbullying. You can help.

Take responsibility by setting rules and developing children's cyber-safety skills. Help children have a positive experience by setting rules for the sorts of materials children can share online, about the content they can access and the social network sites they are allowed to join.

Try and understand the sites and technology your children use and know who they are talking to. Ask them to show you how to use services available on mobiles. Be an engaged parent with your children's mobile technology use.

### Communication is the key:

If your child tells you they have been cyberbullied or you suspect something is wrong because of signs of stress, you should offer them emotional and practical advice.

It is crucial to **communicate** with your child and encourage them to discuss the incident with you. Cyberbullying is about relationships not technology. It's important to stay calm to deal rationally and effectively with the problem and reassure them they have done the right thing in telling you. It could make matters worse if you threaten to take away their mobile phone because of their attachment to it and its importance in their lives.

Children who have been cyberbullied often feel embarrassed, humiliated, fear their plight will be trivialised and they will be made to feel guilty by adults. You need to stress it's not their fault.

### You need to work with your child to develop strategies to deal with cyberbullying.

#### 1. Your child needs to protect themselves

- Only give their number and details to trusted friends and don't give someone else's number without their permission.
- Use caller ID blocking to hide their number when they call someone.
- Think before they send a text, post a photo or make a call. Don't send anything that they would not want their parents or teachers to see. Don't post or forward offensive material they receive about someone else because that could make them a cyberbully.
- Mobiles hold a lot of private information. Protect it by using the security PIN for the handset, SIM and voice messages (See Lost & Stolen Tips).
- Sharing sexual or naked images, videos or text messages or "sexting" is stupid. They're vulnerable if it falls into the wrong hands. Also, it could be child pornography if the images are of anyone under 18 and the police may get involved.
- Download music, games and apps from legitimate websites. Using untrustworthy websites can expose your child to serious online security risks, such as sending personal information to unauthorised individuals.

#### 2. What to do if they receive unwanted messages or calls

- Ignore the cyberbully. Don't respond. Stay calm. The bully probably just wants to upset your child and if they get no response they may get bored and go away.
- "Unfriend" the cyberbully or otherwise block them from your child's social networking page. If a social networking account is being attacked, consider closing down the account and/or informing the service provider.
- Save the offensive texts, emails or voice messages. The time, date and offensive content can be used to investigate the cyberbully to ensure they don't do it again.
- Your phone company can help you deal with unwanted or nuisance phone calls.

#### 3. They are not alone. Get help

- They don't need to face this alone. They can get help by talking to their parent, carer, a trusted friend, older brother or sister, or teacher. Despite a generation technology gap, adults have a lot of life experience and they can help children through this distressing period.
- Cyberbullies mistakenly believe they can get away with it because they are anonymous – not true. Cyberbullies risk committing criminal offences with threatening and menacing communications and the law is on your side.

- The 24/7 nature of mobile technology can allow cyberbullies to threaten around the clock. Give your child a break and turn the handset off sometimes. Teenagers often take their mobiles to bed so maybe keep the mobile out of the bedroom at night.
- If your child's friend is cyberbullied they could stand up and speak out for them. Your child would want friends to do the same.
- Inform your child's school if the cyberbully is a student.
- If your child feels physically threatened by a cyberbully you can contact the police.
- Free professional help is available. Remember, it's really helpful to talk to someone you trust.

**Some useful links:**

- Telstra has [Tips for All Ages on bullying and cybersafety issues](#).
- Optus has some [tips for parents about cyberbullying here](#) as well as information about online safety here: [www.optuszoo.com.au/onlinesafety](http://www.optuszoo.com.au/onlinesafety).
- Vodafone has advice for parents in its [Digital Parenting](#) magazine and you can also [download the Vodafone Guardian android app](#) which will allow you to set parental controls on an android mobile.
- The Australian Communications and Media Authority (ACMA) Cybersafety Contact Centre provides practical information on cybersafety issues. View: [www.cybersmart.gov.au](http://www.cybersmart.gov.au). *Cybersafety Contact Centre 1800 880176*. Email: [cybersafety@acma.gov.au](mailto:cybersafety@acma.gov.au) If you see content which is offensive or illegal you can make a [report to the ACMA](#).
- Kids Helpline gives free and private advice online at: [www.kidshelpline.com.au](http://www.kidshelpline.com.au) If your child wants to talk to someone call Kids Helpline on 1800 55 1800.
- ThinkUKnow Australia is a partnership between the Australian Federal Police and Microsoft Australia assisting young people to stay in control when using technology. See [www.thinkuknow.org.au](http://www.thinkuknow.org.au)
- The Alannah and Madeline Foundation is a national charity protecting children from violence. Its website is: [www.esmart.org.au](http://www.esmart.org.au) or phone 1300 592 151
- If you are concerned about online behaviour that involves sexual exploitation of a child you can report it to the Australian Federal Police (AFP). The AFP works with State and Territory police and international law enforcement agencies to investigate online child sex exploitation using telecommunications services, such as internet or mobile phones. Learn more about [reporting suspicious online behaviour](#).



## From the REC

On Monday 15<sup>th</sup> Sept, Year 12 spent their last formation day together at Winbourne Retreat Centre Mulgoa. During the day they spent some time looking backwards over their years at Nagle College. Four of the students and Mrs Smith talked about their memories of their time together. The girls spent some time reflecting and journal writing and listened to Mr Illigan's story of his courageous life. They spent time reconciling with each other and some time in prayer. The girls had a wonderful day thanks to our Homeroom teachers and the Formation team. It is always a great privilege to spend this time forming their relationship with God.

Ms Ellen Lonergan



## PEER SUPPORT LEADERS FOR 2015

I would like to congratulate the following students who have been chosen to be Peer Support Leaders in 2015.

Aleah VALMEO	Gursimran BOLA	Joelle KHAYAT	Virginia MAFI
Bronte WARD	Mary LOLOMA	Madison ANDREWS	Shannara BERRIMAN
Gabrielle KNIGHT	Ravleen KAHN	Prabnoor KAUR	Adrianna BOCCHI
Hayley ARMITAGE	Shenelle TADROS	Tayla WORRELL	Gabrielle GREEN
Katelyn MENOUHOS	Sherani SHEEHAN	Amy MANDATO	Grace REGAN
Marni COLLIER	Antonia AFEICH	Beth CARROLL	Isabella SINCLAIR
Shentelle SINGH	Catherine GIBSON	Brittany PINE	Zaida HASHMI
Tia Shaye BUHAGIAR	Georgia PETERSON	Claudia PECORA	Tamara DOVER
Caitlin SAKER	Harkirat KAUR	Hersh NAT	Archit DHILLON
Atong DENG	Courtney LOCKE		

The Peer Support Leaders will be undergoing training early next term.

The purpose of the Training is to prepare students for their role as Peer Leaders.

During the training, students will participate in a range of activities focusing on:

- Leadership skills
- Developing connections
- Their role and responsibilities
- Personal strengths and characteristics
- Authentic leadership
- Strategies to lead a group
- Facilitation
- Working with a co-leader

This training is part of the school's comprehensive plan and commitment to creating a safe school. It provides students with the opportunity to develop and practise leadership skills within a supportive environment.

If you have any questions or concerns about this training please don't hesitate to contact the College on 8887 4501.

Thankyou

Mrs B Vieiro

Year 9 Co-ordinator

## **YEAR 8 NEWS**

We have come to the end of another great term! Year 8 have been very busy, with a lot of fantastic work being done in all areas of school life. The Year 8 students have been completing assessment tasks, performing in dance and cheerleading competitions, academic competitions, sporting events, and trying to fit in a group BBQ and Social as well. As always, Year 8 have been outstanding in their efforts! The girls will be told this week to make sure they enjoy their holidays and come back to Nagle next term completely refreshed and ready for a final push towards the end of the year.

In our pastoral lessons we have begun a program that has been designed to help develop the personal skills of *resilience* and enabling students to identify potentially difficult issues in their lives and come up with positive and productive strategies to overcome them. This program will continue into most of Term 4.

I would like to congratulate both the students of Year 8 as well as their teachers for another amazing, successful and productive term!

Mr Houseman  
Year Co-ordinator

### ***Message from Business Manager***

*I would like to wish all our Year 12 students the very best of luck in their up and coming HSC exams and for the future.*

### **School Fees**

Thankyou to all our families that have finalised their school fee account for Year 2014. If you are experiencing difficulty in finalising your account, please do not hesitate to contact me on 88874501 to discuss options.

### **Snr Uniforms**

Year 10 students will be able to purchase and wear their Senior Uniform in Term 4. This is optional. Uniform shop will be open normal hours during Term 4.

### **Before and After School Drop-off and Pick-up**

It has again been brought to our attention that parents are obstructing parking in the CELC (Catholic Early Learning Centre) bays which are not only dangerous for our parents dropping off pre-schoolers, but are also making it very difficult for buses to safely drop off students at the appropriate gates.

These parking spots are strictly designated for CELC parents, so I would ask parents to have some consideration and not park in these bays if you do not have toddlers attending the CELC.

Please also be mindful that the large school buses need to take the turning circle wide and therefore parking directly opposite the entry or exit point makes it difficult for the buses in the mornings and afternoons.

If all parents adhere to the correct parking bays, this will ensure the safety of all students whether they are attending Nagle College, St Michaels' Primary School or the CELC.

Thanking you for your understanding and consideration.

***Mary Fairhurst***

## YEAR 9 NEWS

Year 9 Students, as part of the Learning to Learn program over the last few weeks, were provided with opportunities to display teamwork and leadership skills in preparation for becoming a Peer Leader. They also developed an awareness of the 8 National Employability Skills and effectively used resources to learn about future careers / occupations.



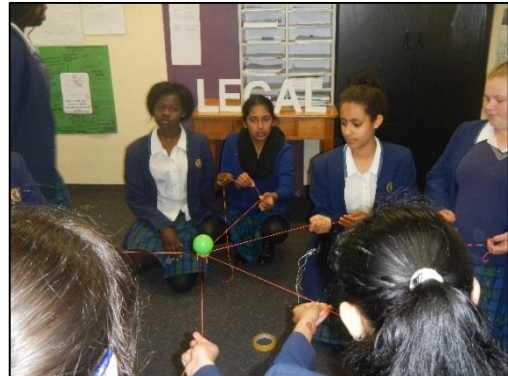
A particular team-work activity that all students enjoyed was the “washer and string” activity. The challenge was to work as a team to carry a ball that is placed on a washer attached to different length strings to a specific location or target. Students had to work as a team to move the ball without dropping it. This was a fun activity which bringing together skills that they had learnt over the last few weeks as part of the Learning to Learn program.

I would like to also take this opportunity to thank Year 9 for their continued efforts, positivity and focus towards their learning this term.

I pray that all Year 9 students and their families have a safe and happy two week school holiday break.

Bianca Vieiro

Year 9 Co-ordinator



## MANY THANKS

The TAS department would like to thank the **Hamer family (Vanessa Hamer Year 12)** for the generous donation of a new over locker. Having an additional over locker will greatly assist senior students in producing textile items to the required industry standard. This generous gift is greatly appreciated.

Mrs K Erenauvla  
Leader of Learning TAS



## **Duke of Edinburgh award – DUKE NEWS**

### **BRONZE LEVEL AWARDEES:**

Students in Terms 3 and 4 are completing their service/volunteering section of their Bronze Award. This section offers participants the opportunity to engage with society and gain an understanding of the importance of their role within both their immediate and global community. It gives the chance to connect with individuals and groups they may have previously overlooked or not been aware of, and to make a real difference to their world.

By getting involved with the community, participants should enjoy making a real difference to the lives of others, and through this develop a greater responsibility to themselves and the wider society.

Bronze students are also contributing to their Nagle community by working on the maintenance and design of the Science outdoor learning space and garden. Students have been repotting plants, mending garden beds, adding fresh seedlings to the vegetable patch and designing images to add to the current mural.

I would like to thank the “Duke” families for their kind donations of plants and seedlings for our garden.

### **SILVER LEVEL AWARDEES:**

Students completing their Silver level will undertake their test expedition as part of their Adventurous Journey section in Term 4. Students will be hiking from Faulconbridge to Glenbrook from Sunday 12<sup>th</sup> October to Tuesday 14<sup>th</sup> of October. Some of our Bronze awardees will also participate on this expedition but will return on the 13<sup>th</sup> of October. The teachers supervising the Expedition are Mrs Newell and Miss Moran.

### **GOLD LEVEL AWARDEES:**

Students are undertaking their Gold Exploration on Thursday 18<sup>th</sup> September to Sunday 21<sup>st</sup> September. They will be setting up a base camp at Toowoona Bay Caravan Park and will undertake various environmental and biological tests. They aim to compare the ecology and geology of Toowoona Bay beach and rock platform, Norah Head beach and rock platform, and Budgewoi and Lake Munmorah. Student will be preparing a report to submit as part of their Adventurous journey section. The teachers supervising this exploration are Mrs Anderson and Ms Foley.

A reminder to all participants to ensure you update all details in your on line record book.

Thankyou

Mrs B Vieiro

Duke of Edinburgh Award Co-ordinator



## **DANCE NEWS**

On Saturday the 13<sup>th</sup> of September, the Nagle College hip hop dance team met at Castle Hill High School ready to compete at another competition. After being extremely happy about our previous 2<sup>nd</sup> place win, we felt like that's what we wanted to do yet again.

We met at 3 o'clock at the high school where all members of the team were extremely excited about competing again and all everyone wanted to do was go on stage and do the dance right then and there, but unfortunately our section did not start for another 2 hours. The whole team sat patiently to get their hair braided and their makeup applied. We were all trying to keep calm and achieve what we did last time but we knew that the main thing that mattered was us as a team performing one last time to an audience and trying our absolute best and having fun whilst we were doing it.

The time flew and suddenly everyone was ready and we were doing our final run through before we went on stage, all of our tricks were working and the new choreography was looking amazing. The nerves started to build as Mrs Concato and Miss Attwood gave us our final wishes before being separated from them and being sent backstage. We were standing under the stage when we had our final team talk and prayed together, when the man came downstairs and told us we were about to dance, so we headed to side stage. Once we arrived at the side stage we were in almost complete silence thinking about the routine ahead when we heard the bell ring, informing us it was our time to shine. The routine went so fast that when we were walking off, it felt like the routine had only just started. We were walking around to the auditorium and discussing the routine we had just performed when one of the parents came out of the hall and informed us that we had won. We were all extremely excited as we not only were happy with the win but felt like we had performed this routine to the best of our ability. We went onstage and collected our medals and took many photos.

As a team we would like to thank Steph Endycott and Zoe Apap for sharing their amazing talent and passion for dance with us, for giving up their lunchtimes to teach us choreography and help us become the dancers that we were on Saturday. We would also like to thank Mrs Concato and Miss Attwood for the endless lunchtimes they gave up and the dedication towards this team which lead us to the success seen on Saturday.

By Taylah Bindley – Year 10

## **TRANSITION NEWS**

### **Macquarie University's – 'Uni in a Day'**

University is really exciting, but it can be a big change from high school. Macquarie University – 'Uni in a Day' allows students to get a taste of university life in a fun, supportive and engaging way.

On Thursday 2 October, Macquarie University will open its doors to Years 10, 11 and 12 students to experience a day in the life of a uni student and find out what university is all about.

Students will be able to choose their own subjects, plan their timetables, make friends and see what happens during a normal day on campus.

For more information see Mrs Farrugia or visit [www.mq.edu.au/uniinaday](http://www.mq.edu.au/uniinaday)

## Thinking about leaving school ..... not sure of what to do?



### About to leave school? Not sure what to do next?

With so many options it can  
be hard to choose.

Should you study at  
university or college, start  
an apprenticeship or look  
for a job?

It can be tough working out  
what to do and where to go  
for help.

**Benchmark's Taster  
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easier for you. With us you  
can try before you decide.

Our Taster Courses are  
especially designed to offer  
you information on  
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or employment.

**For more information:**  
**Phone: 4722 3099**  
**Free call: 1800 286 916**

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**23<sup>rd</sup> September  
2014**

**Business  
Childcare  
Job Readiness**

**Venue:**  
**Windsor High  
School**

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Bookings close 17 September 2014



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Shop 2/ 144 Henry St, Penrith | Provider No. 90274

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## TASTER COURSES

### Business Taster

What is business?  
What are the benefits of studying business?  
What career options do I have in the business world?  
Join us for a fun and informative session and learn all about what business studies can do for you.

**½ day - Tuesday 23<sup>rd</sup> September 2014**  
**9.15am-12.15pm**  
**COST: FREE**

### Childcare Taster

"What's it like to work in childcare?"  
Join our Childcare expert and discover all about the wonderful work options in the Childcare industry.

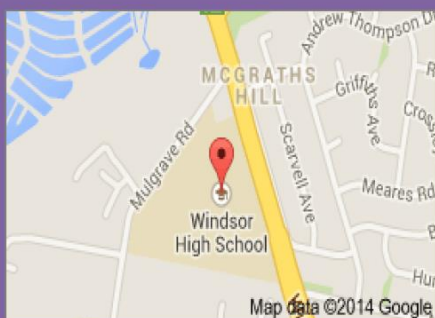
**½ day - Tuesday 23<sup>rd</sup> September 2014**  
**9.15am - 12.15pm**  
**Cost: FREE**

### Job Readiness

Join our fun workshop where we will explore presentation skills, employer expectations and how to put your best foot forward. Learn to better understand employer needs and how to perform at an interview.

**½ day - Tuesday 23<sup>rd</sup> September 2014**  
**1.00pm - 3pm**  
**Cost: FREE**

**Venue: Windsor High School**  
**Windsor Road, McGraths Hill**



### How to Book

Complete a Booking Form which can be obtained from Benchmark College or request a form by email.

Submit the completed Booking Form via fax, email or drop in and visit us:

Phone: 02 4722 3099

Fax: 02 4722 3599

Email:

[chandu@benchmark.edu.au](mailto:chandu@benchmark.edu.au)

[rh@benchmark.edu.au](mailto:rh@benchmark.edu.au)

**VENUE:**  
**Windsor High School**  
**McGraths Hill**

### Benchmark College

Benchmark College is centrally located, close to Penrith Station, Westfield and specialty shops and easily accessible to local bus routes.

The College has policies, procedures and pre enrolment information to help create a working and learning environment that is safe and healthy, culturally diverse, friendly and non-discriminatory.

We encourage you to visit the student section of our website [www.benchmark.edu.au](http://www.benchmark.edu.au) to view all relevant policies and procedures. You can access these documents by selecting 'Policies and Procedures' under the 'Student' tab on our homepage.



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**COLLEGE**

1800 286 916 | [www.benchmark.edu.au](http://www.benchmark.edu.au)

Shop 2/ 144 Henry St, Penrith | Provider No. 90274

v1.\_Sept 2014



**FASHIONMASTERS**  
SYDNEY

# OPEN DAY

We would like to invite you to our Open Day on Thursday 25th of September. This is a wonderful opportunity to find out more about the range of fashion courses we offer, view our premises and meet our lecturers.

Staff will be on hand to answer any questions you may have regarding fees, enrolments and career paths in the fashion industry. We look forward to meeting and helping you to take the first step toward a career in the fashion industry.

**Thursday 25th September  
5.30pm – 7.00pm  
Lvl 3, 91 York St, Sydney, NSW 2000**

**RSVP:  
NZeman@Holmes.edu.au  
or call (02) 9299 1400  
[www.fashionmasters.com.au](http://www.fashionmasters.com.au)**



## FASHIONMASTERS SYDNEY

# Fashion illustration presentation and workshop with Grant Cowan

**Thursday 25 September 2014**

Grant Cowan will talk about his career and work as a fashion illustrator. This lecture will provide insight into his techniques and working processes and he will also discuss some of his high profile assignments for clients such as Vogue and Harper's BAZAAR. He is also known as the Illustrator for the popular *Dreaming of Dior* and *Dreaming of Chanel* fashion memoir series.



### 5.00pm - 7.00pm : WORKSHOP

Grant Cowan will also lead a fashion illustration workshop Saturday 6 September 2014.

This workshop will take place in the studios of Fashion Masters Sydney. The drawing activities will be focused on the fashion figure and will enable students to explore a range of materials and techniques during the session. Participants will receive assistance, tips and feedback throughout the session.

Cost:  
**\$40.00 - some materials will be provided**

Booking is essential, please contact:

**NZeman@Holmes.edu.au**  
**or call (02) 9299 1400**  
**Lvl 3, 91 York St, Sydney, NSW 2000**

Grant Cowan:  
<http://www.grantcowan.com>

Fashion Masters Sydney  
[www.fashionmasters.com.au](http://www.fashionmasters.com.au)





Catholic Diocese  
of Parramatta

# Calling all HSC Students

## 'Embrace the Grace'

Parishes across the Parramatta Diocese  
are praying for you

Take a break from study with your family, throw on your leavers jersey and join any one of them for a youth mass, blessing & BBQ!

### Sunday 28th September

- **GRANVILLE**  
Holy Trinity, 9:30am

### Saturday 4th October

- **MARAYONG**  
St. Andrew the Apostle, 6:00pm

### Sunday 5th October

- **GLENBROOK**  
St Finbar's, 6:00pm
- **PLUMPTON**  
Good Shepherd, 6:00pm
- **QUAKERS HILL**  
Mary Immaculate, 6:00pm

### Wednesday 8th October

- **BLACKTOWN SOUTH**  
St Michael's, 6:30pm
- **GREYSTANES**  
Our Lady Queen of Peace, 7:30pm

### Friday 10th October

- **MERRYLANDS**  
St. Margaret Mary's, 6:30pm

### Saturday 11th October

- **ST MARYS**  
Our Lady of the Rosary, 8:00am
- **RYDALMERE**  
Holy Name of Mary, 5:30pm
- **HARRIS PARK**  
St Oliver Plunkett's, 5:30pm
- **RICHMOND**  
St Monica's, 6:30pm

### Sunday 12th October

- **MT DRUITT**  
Holy Family, 10:30am
- **BLACKTOWN**  
St. Patrick's, 5:30pm
- **BAULKHAM HILLS**  
St. Michael's, 6:00pm
- **NORTH ROCKS**  
Christ the King, 6:00pm
- **CASTLE HILL**  
St Bernadette's, 6:00pm
- **ST CLAIR**  
Holy Spirit, 6:00pm
- **WINSTON HILLS**  
St. Paul the Apostle, 6:00pm

The power of prayer ... it's never too late!

 [facebook.com/catholicyouthparra](https://facebook.com/catholicyouthparra)

An initiative of Catholic Youth Parramatta





## A Message from Blacktown City Council

In the morning with parents dropping off their children, as well as buses arriving there has been occasions that the buses found it challenging to enter the bus bay due to cars being parked in restricted areas and not adhering to road signs.

Blacktown Council have implemented penalties from 1<sup>st</sup> July 2014 that apply to illegal parking on all roads in School Zones. They have and will continue to enforce a number of road rules with fines being issued.

Please park safely.

**ROAD SAFETY FACT SHEET**  
*Penalties from 1 July 2014*

**Blacktown City Council**

**Stop on or near a Pedestrian Crossing**



**You must not stop on or near a pedestrian crossing at any time**

Stopping includes when the vehicle is not moving but the engine is still running

**School Zone**  
**Fine from \$415 + 2 demerit points**

**All other roads**  
**Fine from \$311 + 1 demerit point**

For more information contact the Blacktown City Council on 9539 9500  
RSD/PS13/14

**ROAD SAFETY FACT SHEET**  
*Parking Rules*

**Blacktown City Council**

**Flexible Bollards near a Pedestrian Crossing**



**You must not stop on a pedestrian crossing, or, in the No Stopping areas next to a pedestrian crossing at any time**

**Why you shouldn't park on or near a pedestrian crossing:**

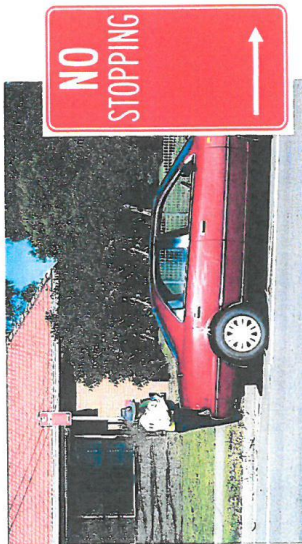
- Makes it easy for children to see approaching vehicles.
- Makes it easy for drivers to see children who are about to cross the road.

Flexible Bollards have been installed at your school to stop drivers parking on the pedestrian crossing and in the No Stopping areas next to the crossing.  
RSD/PS23/11  
For more information contact the Blacktown City Council on 9539 9500

ROAD SAFETY FACT SHEET  
Penalties from 1 July 2014

Blacktown City Council

## No Stopping



**You must not stop at any time.**

Stopping includes when the vehicle is not moving but the engine is still running.

### School Zone

**Fine from \$311+ 2 demerit points**

**All other roads  
Fine from \$242**

For more information contact the Blacktown City Council on 9839 6000

RSOFS305.14

ROAD SAFETY FACT SHEET  
Penalties from 1 July 2014

Blacktown City Council

## Bus Zone



**You must not stop at the times shown on the sign.**

**If there are no times on the sign then you must not stop at any time.**

Stopping includes when the vehicle is not moving but the engine is still running

### School Zone

**Fine from \$311 + 2 demerit points  
All other roads, fine from \$242**

For more information contact the Blacktown City Council on 9839 6000

RSOFS305.14

**ROAD SAFETY FACT SHEET**  
Penalties from 1 July 2014

Blacktown City Council

## Footpaths and driveways



You can stop to drop off or pick up passengers BUT only for less than 2 minutes  
AND the driver must stay with the car

### School Zone

**Fine from \$173 + 2 demerit points**  
**All other roads, fine from \$104**

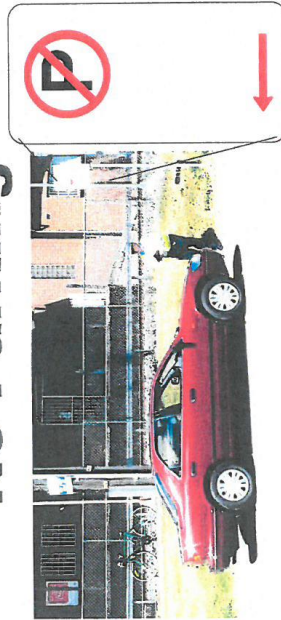


For more information contact the Blacktown City Council on 9839 6000  
RSOFS323.14

**ROAD SAFETY FACT SHEET**  
Penalties from 1 July 2014

Blacktown City Council

## No Parking



You can stop only if you drop off or pick up passengers, or goods.

AND

you must not stop for more than 2 minutes

AND

the driver must not be more than 3 metres from the vehicle.

Stopping includes when the vehicle is not moving but the engine is still running

### School Zone

**Fine from \$173 + 2 demerit points**

**All other roads**

**Fine from \$104**

For more information contact the Blacktown City Council on 9839 6000  
RSOFS314.14



## ROAD SAFETY FACT SHEET

Penalties from 1 July 2014

Blacktown City Council

### Speeding in School Zones



Speed	Fine and Demerits
41 kph to 50 kph	L + P1 + P2 Licence - min fine \$182 + 5 demerit points. Silver + Gold Licence - min fine \$182 + 2 demerit points. >4.5 t GVM truck & coach - min fine \$436 + 2 demerit points.
51 kph to 60 kph	L + P1 + P2 Licence - min fine \$327 + 5 demerit points. Silver + Gold Licence - min fine \$327 + 4 demerit points. >4.5 t GVM truck & coach - min fine \$545 + 4 demerit points.
61 kph to 70 kph	L + P1, P2, Silver + Gold Licence - min fine \$545 + 5 demerit points. >4.5 t GVM truck & coach - min fine \$654 + 5 demerit points.
71 kph to 85 kph	L + P1, P2, Silver + Gold Licence + >4.5 t GVM truck - min fine \$1,053 + 6 demerit points + license suspension = 3 months minimum (immediate for L, P1 & P2 licence) >12 t GVM truck & coach - min fine \$1,380 + 6 demerit points. + license suspension = 3 months minimum
More than 85 kph	Immediate license suspension = 6 months minimum and L + P1, P2, Silver + Gold Licence + >4.5 t GVM truck - min fine \$2,400 + 7 demerit points >12 t GVM truck & coach - min fine \$3,702 + 7 demerit points.

For more information contact the Blacktown City Council on 9839 6000

RSOFS308.14

## ROAD SAFETY FACT SHEET

Penalties from 1 July 2014

Blacktown City Council

### Double Parked



Stopping includes when the vehicle is not moving but the engine is still running

### School Zone

Fine from \$311 + 2 demerit points

All other roads  
Fine from \$242

For more information contact the Blacktown City Council on 9839 6000

RSOFS312.14

## From the Bishop

### 13<sup>th</sup> Annual Diocesan Shopping Trip

This year the Shopping Trip is raising funds for CatholicCare's family support program with Holy Family Services at Marayong. We will visit more than 15 factory outlets on a shopping extravaganza, which includes a bistro lunch. The shopping tour companies will pay our tour group a commission on the total retail sales. Last year we raised \$4000 with 115 passengers travelling on three coaches, found some fabulous bargains and had a great day out.

**Date:** Saturday 15 November 2014.

**Departs from 2 points:**

7am – Burns T-Way Station (off Old Windsor Rd), Kellyville (on-site parking);

7am - Information Kiosk, Panthers Leagues Club, Penrith (on-site parking).

**Cost:** \$55 adults, \$45 concession, \$20 children aged 5-17.

**Bookings close 17 October:** Virginia Knight tel 0413 60 75 71, [knightofgin@bigpond.com](mailto:knightofgin@bigpond.com)

### The Use of Electronic Visual Displays in the Liturgy

The Diocesan Liturgical Commission has developed a policy for the use of electronic projection in the liturgy. The Office for Worship is holding a workshop on the policy and how parishes might make the best use of such technology to support the liturgical celebrations.

**Date:** Thursday 18 September, from 7.30pm-9pm.

**Venue:** Institute for Mission, 1-5 Marion Street, Blacktown.

**RSVP:** Lindsay tel (02) 9831 4911, [Lindsay.nakhoul@ifm.org.au](mailto:Lindsay.nakhoul@ifm.org.au)

### Blackheath Reflection Morning

A joint venture of Aquinas Academy and Catalyst for Renewal. This month, 'Learning to Know When You're Done With School' (1Cor 13:12) with Fr Michael Whelan SM. Come and enjoy the reflection, silence and solitude in peaceful surrounds. Entry by donation, no need to book, morning tea provided.

**Date:** Saturday 20 September, from 10am-1pm.

**Venue:** Sacred Heart Parish Hall, cnr Sturt and Wentworth Sts, Blackheath.

**Details:** Carmen Vanny tel (02) 4787 8706.

### Vocation Discernment Afternoon: 28 September

All young men who feel God might be calling them to the priesthood are invited to the Catholic Diocese of Parramatta's Vocation Discernment Afternoon. The afternoon starts at 2pm and concludes with pizza at 6pm. To find out more about priesthood in the Catholic Diocese of Parramatta contact Fr Warren Edwards – Vocations Director tel 0409 172 700 or email: [vocations@parra.catholic.org.au](mailto:vocations@parra.catholic.org.au)



### **Shrine Time - Holy Hour for Young Adults at Mt Schoenstatt**

All young adults are welcome to Shrine Time on the 4<sup>th</sup> Sunday of each month followed by a social time. Experience the grace God in the Shrine in an hour of prayer, reflection with benediction. The Sacrament of Reconciliation is also available. Like us on Facebook: **Shrine Time**

**Date:** 28 September, from 7.30pm-8.30pm. Other dates in 2014: 26 October, 23 November, 28 December.

**Venue:** Mount Schoenstatt Shrine, 230 Fairlight Road, Mulgoa.

### **Theology of the Body Two-Day Seminar: 30 September & 1 October**

Why are we here? What does it mean to be human? What is this restlessness, this ache in the human heart that nothing in the world seems to satisfy? Join international speaker Bill Donaghy from the Theology of the Body Institute in the US as he leads a very special two-day seminar in Sydney, unpacking John Paul II's ground-breaking reflections on human love and the divine vision for masculinity and femininity. This unique event is ideal for men and women, young and old, clergy and laity, students and professionals.

**Dates:** Tuesday 30 September and Wednesday 1 October.

**Venue:** Australian Catholic University, Strathfield.

**Registration:** Places are limited and registration is essential. For more information tel (02) 9764 4357, [tob@catholicyouthservices.org](mailto:tob@catholicyouthservices.org)

### **Towards a Better World National Conference**

**The 4<sup>th</sup> National Conference on the Pastoral Care of Migrants and Refugees** is designed to explore a range of issues affecting refugees and asylum seekers including education, development and regional protection. The conference is organised by the Australian Catholic Bishops Conference through the Australian Catholic Migrant and Refugee Office (ACMRO). Day 1 provides a religious perspective around Catholic teaching on migration, pastoral care of migrants and refugees and religious diversity. Days 2 & 3 will focus on multiculturalism, global and local migration trends, human trafficking, climate-induced displacement, children in detention, Australia's refugee and asylum policies, in particular Manus Island and Nauru.

**Dates:** 1-3 October 2014.

**Venue:** Australian Catholic University, MacKillop Campus, North Sydney.

**Details:** [www.acmro.catholic.org.au](http://www.acmro.catholic.org.au)

**Registration:** tel ACMRO (02) 6201 9848 or register online at <http://bit.ly/1oaqabD>

### **Young Catholic Women's Interfaith Fellowship**

This Graduate Certificate in Theology includes a complete program of theology, spiritual formation, personal development and interfaith dialogue. There is a four residential days per semester hosted in Sydney as well as an online academic component. Supported by the Australian Catholic Bishops and Religious Congregations a fellowship covers costs of travel, accommodation, formation experiences, interfaith activities and 75% of academic fees.

Ideal candidates will be aged 25-45 and have an undergraduate degree. The structure is flexible to allow young women to complete a program of theology, spiritual formation, personal development and interfaith dialogue.

**Dates:** February to November 2015.

**Applications close 1 October 2014:** Download an application form at: [www.opw.catholic.org.au](http://www.opw.catholic.org.au)

**Venue:** Pennant Hills.

**Details:** For more information contact Andrea Dean tel 0487 388873, [fellowship.opw@catholic.org.au](mailto:fellowship.opw@catholic.org.au)

### **Permanent Diaconate Information Afternoon**

A deacon is called by Christ to serve the Church and the world through a ministry of the altar, the Word and charity. Single men aged over 21 and married couples who are interested in finding out more about the ordained ministry of the permanent diaconate are invited to an information afternoon.

**Date:** Sunday 5 October 2014, from 2pm-5pm.

**Venue:** St Anthony's Parish Hall, 5 Aurelia Street, Toongabbie.

**Details:** For more information please contact Rev Fr Arthur Bridge, Director of Vocations to the Permanent Diaconate, tel (02) 9631 3316, [secretary@stanthonyschurch.org.au](mailto:secretary@stanthonyschurch.org.au)

### **Vocation Ministry for the New Evangelisation**

Catholic Vocations Ministry Australia presents a two-day workshop facilitated by Sr Theresa Rickard OP, President and Executive Director of Renew International. Sr Terry is an internationally known speaker on evangelisation, small communities, preaching and vocations. She recently the opening keynote address, 'Evangelisation Matters', at the 2014 Mid-Atlantic Congress. She also presented the Annual Marten Lecture in Preaching, 'Preaching for the New Evangelisation', at The University of Notre Dame earlier in 2014. Last year, she addressed the National Federation of Priests Councils on 'Small Communities and Evangelisation'.


**Dates:** 9-10 October. Registrations from 8.30am for 9am start, concluding at 3.30pm.

**Venue:** Mary MacKillop Place, 7-11 Mount Street, North Sydney.

**Cost:** \$300 per person (a non-residential workshop).

**Further information & registration:** tel 0400 636 467 or visit <http://www.catholicovocations.org.au/Home/Events/Vocation-Ministers>

## Bulletin Board




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**Tony Saba**  
Director

**Mobile:** 0404 390 620  
**Website:** [fivestarshuttles.com](http://fivestarshuttles.com)  
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